## MINUTES OF JOINT PATIENT GROUP MEETING HELD ON WEDNESDAY 29 JUNE 2016

PRESENT Nigel Hallam (Chair) Park Surgery

Jane Wharton - (Practice Manager) Park Surgery

Rosalind Grice – (Minutes) Park Surgery Paul Lobley – Derbyshire Carers Association

John Flinders – Park Surgery

Ellie Wharton - Southern Derbyshire CCG

Richard Davey – Park Surgery Gail Davey – Park Surgery

Jane Yeomans – Southern Derbyshire CCG

Mary Shaw – Park Surgery Vic Hall – Park Surgery Lesley Hall – Park Surgery

Paul Mason – Kelvingrove Surgery Tracie Bonnici – Brooklyn Surgery Rosita Dowdall – Park Surgery Barry Wood – Park Surgery

Amanda Clark (Practice Manager) Brooklyn Surgery Mandy Hallam (Carers Champion) Park Surgery Kelly Birch (Carers Champion) Park Surgery Michelle Bennett (Carers Champion) Park Surgery

APOLOGIES Tony Mattison (Park Surgery)

Dr Adam Tooley (Park Surgery) Viv Palfreyman (Park Surgery)

Welcome and introduction and minutes from previous meeting held on 23 September 2015 – by Nigel

Presentation by Mr Paul Lobley, Treasurer (Derbyshire Carers Association) - Paul Lobley gave an overview of what the Derbyshire Carers Association is all about. The Derbyshire Carers Association was set up to support family carers. He said that a carer is someone of any age who provides unpaid support to family or friends who would not manage without this help and support. This could be caring for a relative, parent or friend. Some people become carers on the birth of a child with a disability but many become carers as the result of an accident, illness, mental health issues or age related problems and frailty.

Paul said that in the county of Derbyshire 12% of the population are carers which is above the national average of just above 10%. Derbyshire as a whole in every single district council area has more than the national percentage of carers. There are a higher proportion of women carers than men. Carers can be any age but the majority are over 50 years of age. There are a number of carers under the age of 25.

Paul informed us that being a carer can impact upon health and social life, with 19 hours of care having virtually no effect on health, but between 20-20 hours can have very bad or very

bad impact on the carer's health when compared to someone without these responsibilities. Family carers who care for more than 50 hours every week are three times more likely to have bad or very bad health.

Paul then went on to discuss financial help for carers. He said that family carers who look after someone in receipt of a qualifying disability benefit for at least 35 hours every week are entitled to Carers Allowance providing other qualifying factors are met. The current Carers Allowance is £62.10 per week.

Derbyshire Carers Association is the charity which provides most of the support for carers. It is funded by the County and City Councils but also relies on donations in order to continue its work. Paul mentioned that there are several social events held throughout the year for carers such as a carol service, summer party, etc.

Jane Wharton said that it would be useful to have some publicity tools in the surgery such as posters, information leaflets etc.

A discussion took place regarding the possibility of holding Carer Awareness events in Surgery Waiting Areas. Jane (Wharton) said she would explore that possibility for the Park Surgery following the meeting.

Paul answered a number of questions.

Nigel thanked Paul for his very informative talk.

## Presentation by Ellie Wharton, Southern Derbyshire CCG

Ellie Wharton, Commissioning Officer along with Jane Yeomans from the CCG outlined some of the plans for Heanor for 2016 and beyond and what it meant for the area. There were ongoing developments including Heanor Hospital, blood tests and minor injuries. A survey was being undertaken to see where patients would prefer to have their blood tests done.

They explained that commissioning is the process of planning, agreeing and monitoring services with the partners and providers, the population of Southern Derbyshire and the 56 member practices... They discussed that there is a 5 year forward view on the agenda. They went on to discuss the sustainability and transformation plan which would ensure that care is provided efficiently and that the care is provided in the right place by the right people. Regular CCG meetings took place with the appropriate staff in the Heanor area including Practice Managers, doctors and members from the CCG.

Ellie said that in Heanor/Langley Mill there is some deprivation with admissions to hospital due to alcohol and long-term medical conditions e.g. COPD. There are three GP Practices in the Heanor area and a 25K population.

Nigel asked if the Southern Derbyshire CCG liaised with other CCGs and Ellie said that they do.

Ellie and Jane answered questions. Nigel then thanked Ellie and Jane for attending the meeting and giving their presentation.

<u>Update from Practice Manager at Brooklyn Surgery</u> - Amanda Clark, Practice Manager from Brooklyn Surgery gave an update with what has been happening at the surgery. She said they had their CQC inspection in March 2016 and got a good rating in every area. They are currently down a GP but have a new GP starting in September. Amanda also said they have put a final bid in for some new premises and are hopeful regarding this.

<u>Update regarding Kelvingrove Surgery</u> – Paul Mason who is a patient at Kelvingrove Surgery said that they now have two new GPs. They have also had their CQC inspection which went well. The surgery has been busy this year.

<u>Update on Park Surgery from Nigel Hallam (Chairman of the PPG)</u> - Nigel said that the patient survey carried out at the Park Surgery had gone very well with nearly 500 completed and 40 completed from the Virtual Group.

Nigel and other members of the PPG had recently visited the Florence Shipley Home and were impressed with the building and facilities.

Jane Wharton (Practice Manager) informed the group that a new GP partner had recently started at the Park Surgery, Dr Sahaja Gopu.

It was agreed that a further Joint Meeting would be held at The Park Surgery in 2017 – date to be agreed.

The meeting closed at 8.15 pm.

The date agreed following meeting was Wednesday 18<sup>th</sup> January 2017, 7.00pm at The Park Surgery